

Caring & Carer Programme

Managing Common Health Problems In The Older Person

Duration	• 10am - 5pm (7 hours)
Course Modules	<ol style="list-style-type: none">1. Understanding Quality of Life of Older Persons2. Managing Common Health Problems in the Older Person<ul style="list-style-type: none">- Diabetes, Respiratory Disease, Falls and Dementia3. Optimizing Daily Living for Older Person: Practical Strategies for Enhanced Well-being
Language	• English
Certification	• A Certificate will be issued upon completion of the course.
Methodology	<ul style="list-style-type: none">• Discussion• Scenarios• Activities
Course Information	<p>The Managing Common Health in the Older Person course is designed to equip care personnel, caregivers, and older persons themselves with the knowledge and skills to optimize health outcomes and enhance quality of life in the aging population. The course aims to promote holistic and person-centered care of older individuals, supporting healthy aging and well-being.</p>